

Sizing Chart

160	Women's Shoe	<7.5	7.5–9.5	10–12	12.5–15
	Men's Shoe	<6.5	6.5–8.5	9–11	11.5–14
	Ankle Circumference	7"–9.5" (18–24cm)	7.5"–10" (19–26cm)	8"–10.5" (20–27cm)	8.5"–11.5" (21–29cm)
	Size	S	M	L	X