

860 Essential Opaque Sizing Chart

	Small			Medium			Large		X Large	
Ankle Circumference	18–21.5cm (7"–8.5")			21.5–25.5cm (8.5"–10")			25.5–29cm (10"–11.5")		29–36cm (11.5"–14")	
Calf Circumference	28–39cm (11"–15.5")			31.5–45cm (12.5"–17.5")			35.5–51cm (14"–20")		41–61cm (16"–24")	
Plus Size Calf Circumference	NA			39.5–53cm (15.5"–21")			45.5–61cm (18"–24")		51cm–71cm (20"–28")	
Calf Length	Petite*	Short	Long	Petite*	Short	Long	Short	Long	Short	Long
	≤35.5cm (14")	≤41cm (16")	>41cm (16")	≤35.5cm (14")	≤41cm (16")	>41cm (16")	≤41cm (16")	>41cm (16")	≤41cm (16")	>41cm (16")
Thigh Circumference	45.5–66cm (18"–26")			48–73cm (19"–28.5")			52cm–84cm (20.5"–33")		64cm–95cm (25"–37.5")	
Leg Length	Petite*	Short	Long	Petite*	Short	Long	Short	Long	Short	Long
	≤65cm (25.5")	≤72cm (28.5")	>72cm (28.5")	≤65cm (25.5")	≤72cm (28.5")	>72cm (28.5")	≤72cm (28.5")	>72cm (28.5")	≤72cm (28.5")	>72cm (28.5")
Hip Circumference Guidelines	83–112.5cm (32.5"–44.5")			87–127cm (34.5"–50")			98–150.5cm (38.5"–59.5")		NA	
Size	SP*	SS	SL	MP*	MS	ML	LS	LL	XS	XL
Plus Size Hip Circumference Guidelines	<142cm (56")			<157.5cm (62")			<178cm (70")		NA	
Plus Size Calf					MS/P	ML/P	LS/P	LL/P	XS/P	XL/P

Men's Shoe Sizes: Short Leg 7–11, Long Leg 9.5–14 (Calf style only) Women's Shoe Sizes: Petite Leg 4–8, Short Leg 5.5–9.5, Long Leg 8–12

* Petite sizing (SP & MP): available in closed toe only; without grip-top, 20–30mmHg only; Natural, Suntan, and Black only; unavailable in Plus sizes