

Size	 Palm	 Wrist
S	15-19 cm (5 ⁷ / ₈ "-7 ³ / ₈ ")	14-20 cm (5 ³ / ₈ "-7 ⁵ / ₈ ")
M	19-22 cm (7 ¹ / ₂ "-8 ⁵ / ₈ ")	16-22 cm (6 ¹ / ₈ "-8 ¹ / ₂ ")
L	22-26 cm (8 ³ / ₄ "-10 ¹ / ₄ ")	18-24 cm (6 ⁷ / ₈ "-9 ¹ / ₄ ")