

230 Essential Cotton Sizing Chart

	Small		Medium		Large		X Large	
Ankle Circumference	18-21.5cm (7"-8.5")		21.5-25.5cm (8.5"-10")		25.5-29cm (10"-11.5")		29-36cm (11.5"-14")	
Calf Circumference	28-39cm (11"-15.5")		31.5-45cm (12.5"-17.5")		35.5-51cm (14"-20")		41-61cm (16"-24")	
Calf Length	Short	Long	Short	Long	Short	Long	Short	Long
	≤41cm (16")	>41cm (16")	≤41cm (16")	>41cm (16")	≤41cm (16")	>41cm (16")	≤41cm (16")	>41cm (16")
Thigh Circumference	45.5-66cm (18"-26")		48-73cm (19"-28.5")		52cm-84cm (20.5"-33")		NA	
Leg Length: Women & Open Toe	Short	Long	Short	Long	Short	Long		
	≤72cm (28.5")	>72cm (28.5")	≤72cm (28.5")	>72cm (28.5")	≤72cm (28.5")	>72cm (28.5")		
Leg Length: Men	Short	Long	Short	Long	Short	Long		
	≤76cm (30")	>76cm (30")	≤76cm (30")	>76cm (30")	≤76cm (30")	>76cm (30")		
Size	SS	SL	MS	ML	LS	LL	XS	XL

Women's Shoe Sizes: Short Leg 5.5-9.5, Long Leg 8-12 Men's Shoe Sizes: Short Leg 7-11, Long Leg 9.5-14